

NeuroMuscular Pain & Skin Conditions

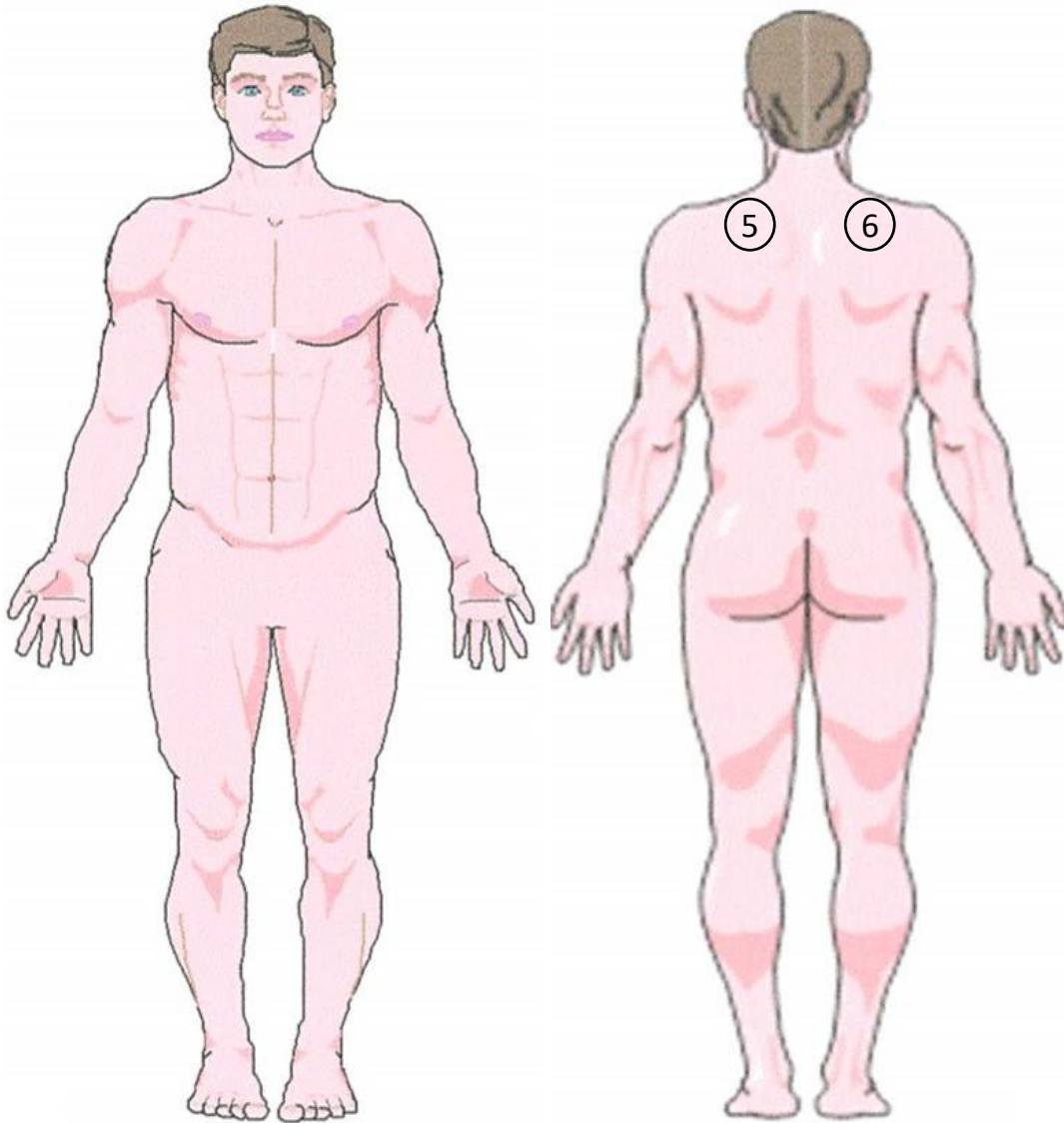
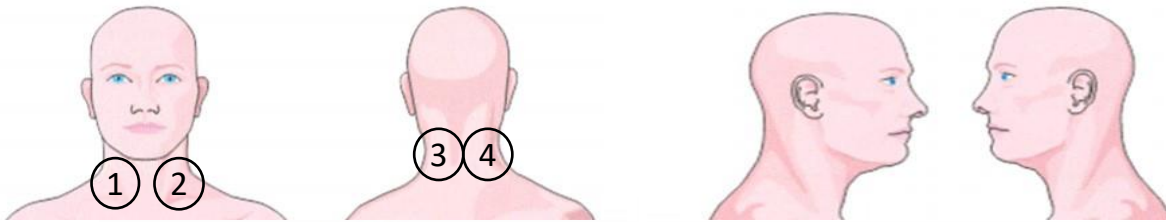


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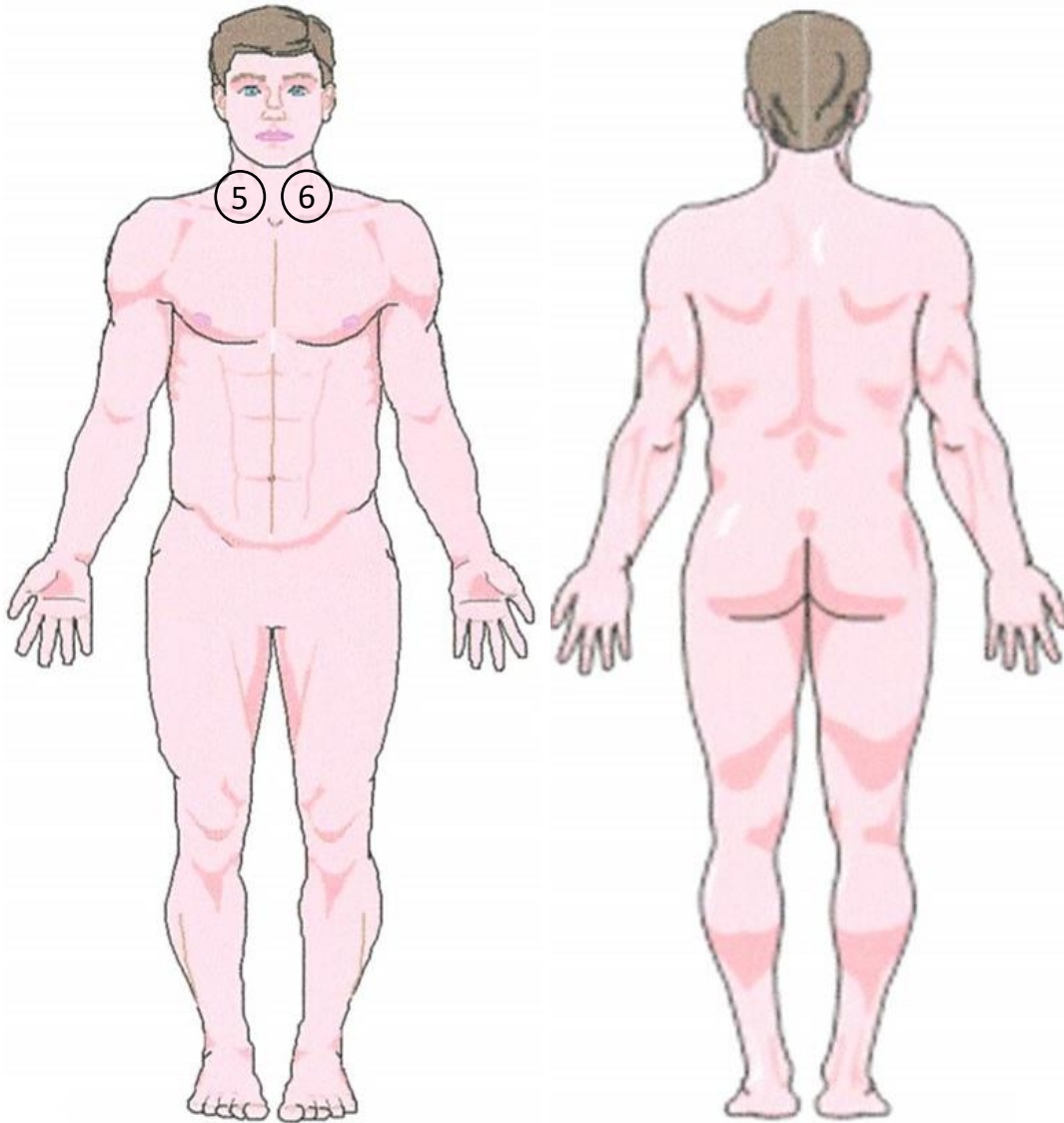
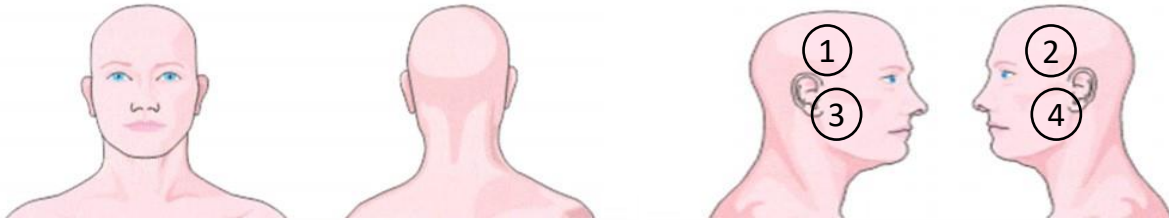
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Neck Pain



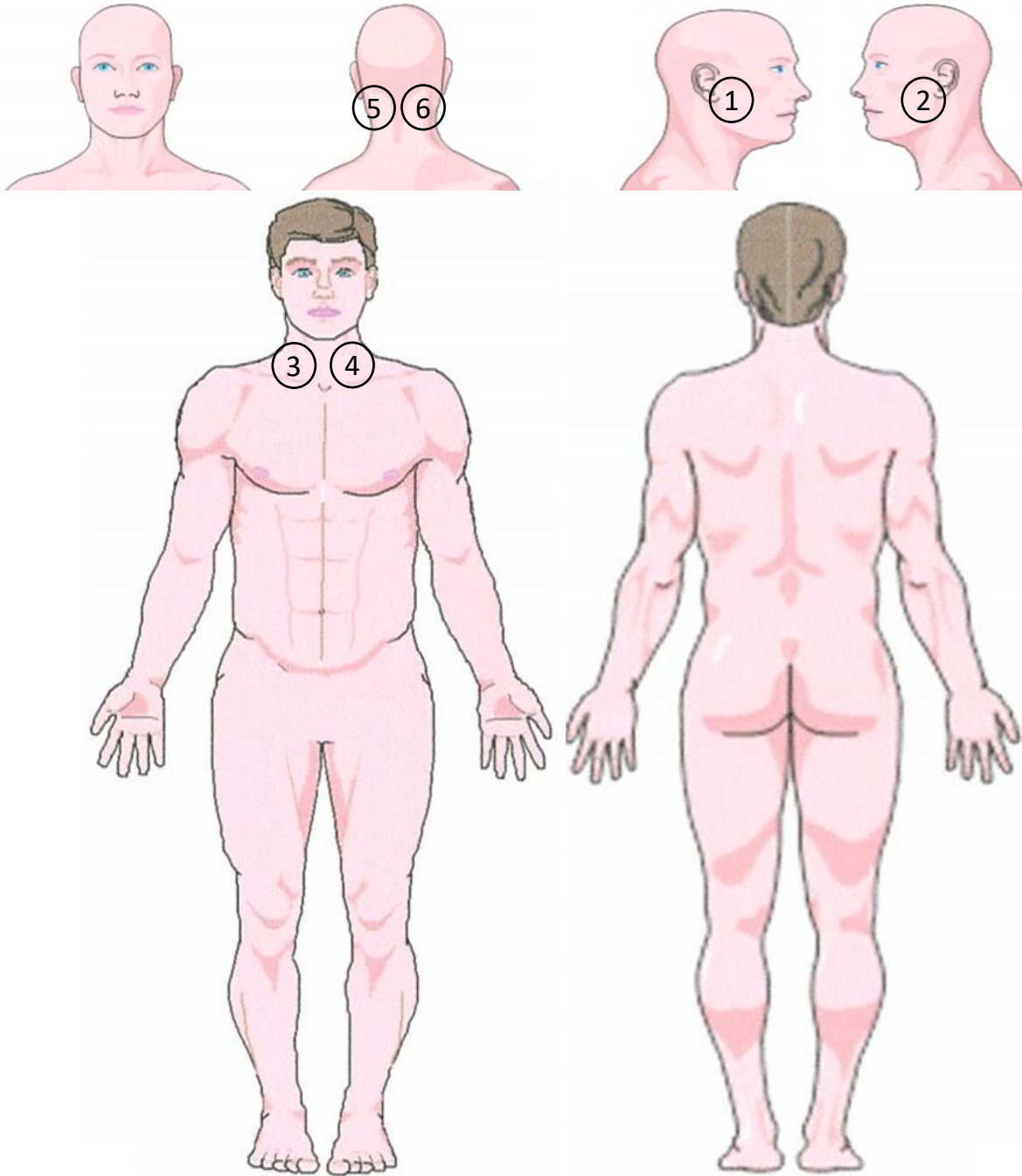
1. 1 minute- anterior neck
2. 1 minute- anterior neck
3. 1 minute- back neck
4. 1 minute- back neck
5. 1 minute-upper shoulder
6. 1 minute-upper shoulder
7. 4 minutes area of pain

Headaches



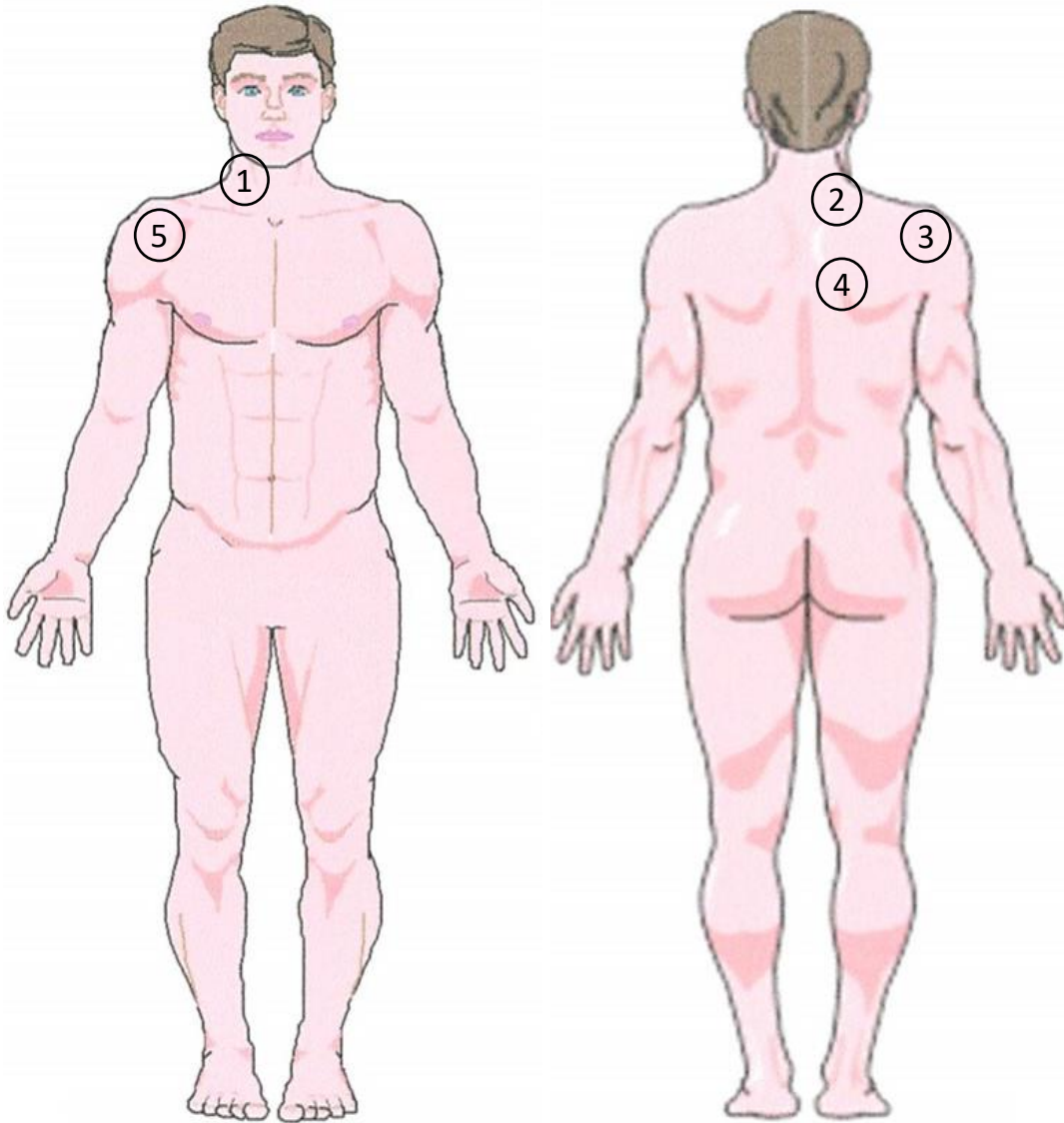
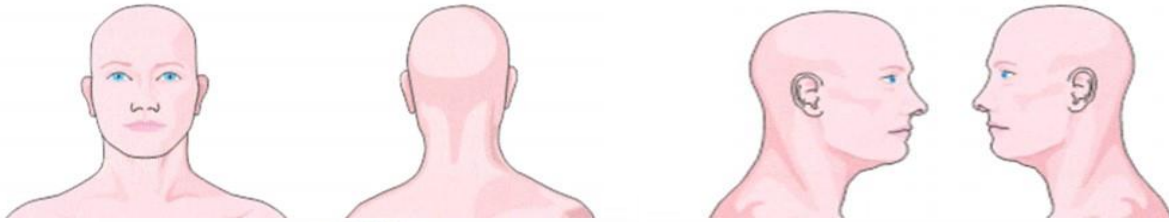
1. 1 minute- temporalis muscle
2. 1 minute- temporalis muscle
3. 1 minute- TMJ (jaw joint)
4. 1 minute- TMJ (jaw joint)
5. 1 minute- anterior neck muscles (SCM)
6. 1 minute- anterior neck muscles(SCM)
7. 4 minutes over the area of head pain.

TMD



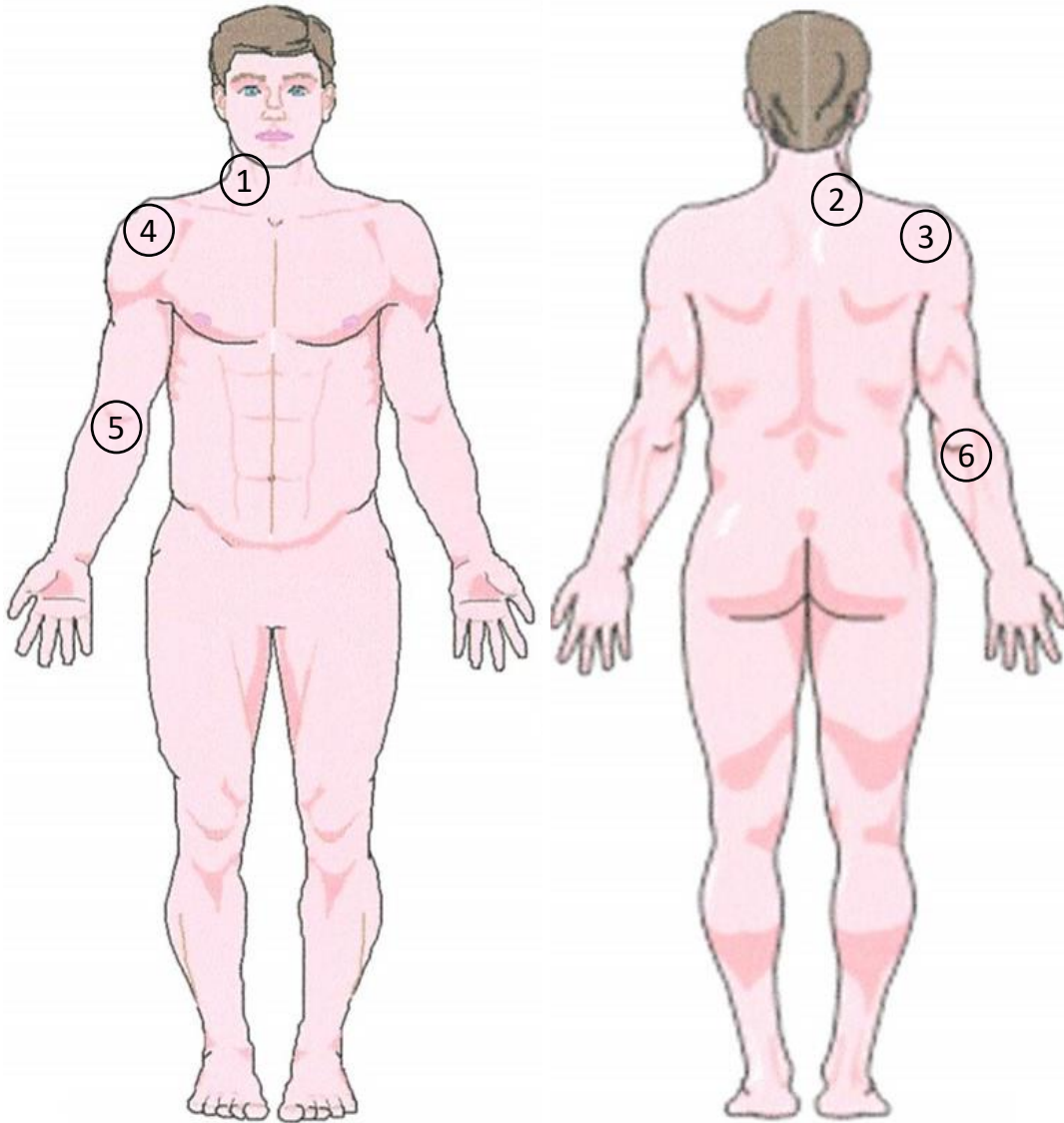
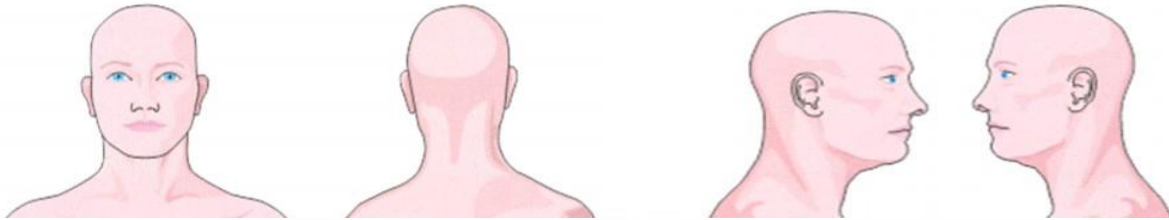
1. 3 minutes- TMJ (jaw joint)
2. 3 minutes- TMJ (jaw joint)
3. 1 minute- anterior neck muscles (SCM)
4. 1 minute- anterior neck muscles (SCM)
5. 1 minute- sub-occipital muscles
6. 1 minute- sub-occipital muscles

Shoulder Pain



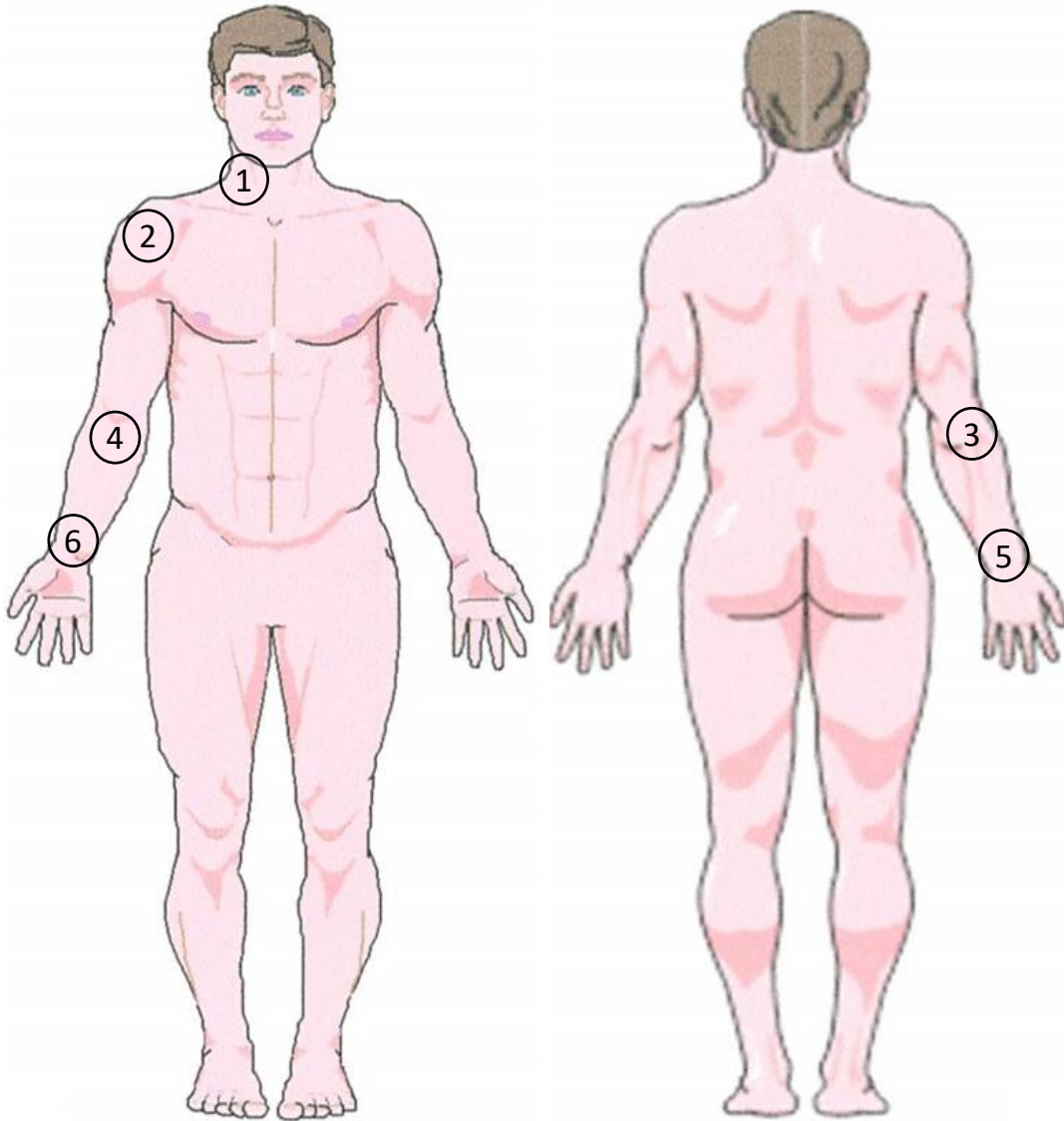
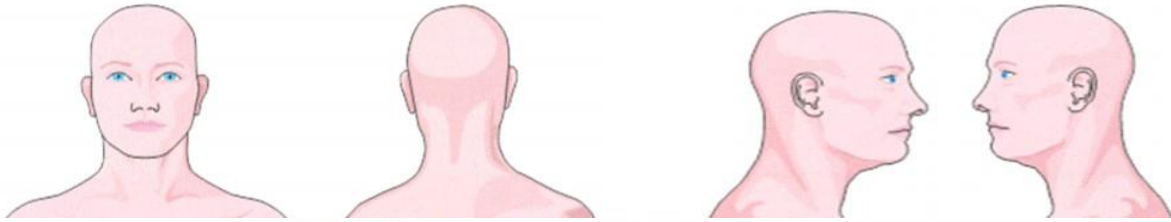
1. 2 minutes- anterior neck
2. 2 minutes- lower neck back
3. 2 minutes- shoulder
4. 2 minutes- shoulder
5. 2 minutes- shoulder
6. 5 minutes area of most pain

Elbow Pain



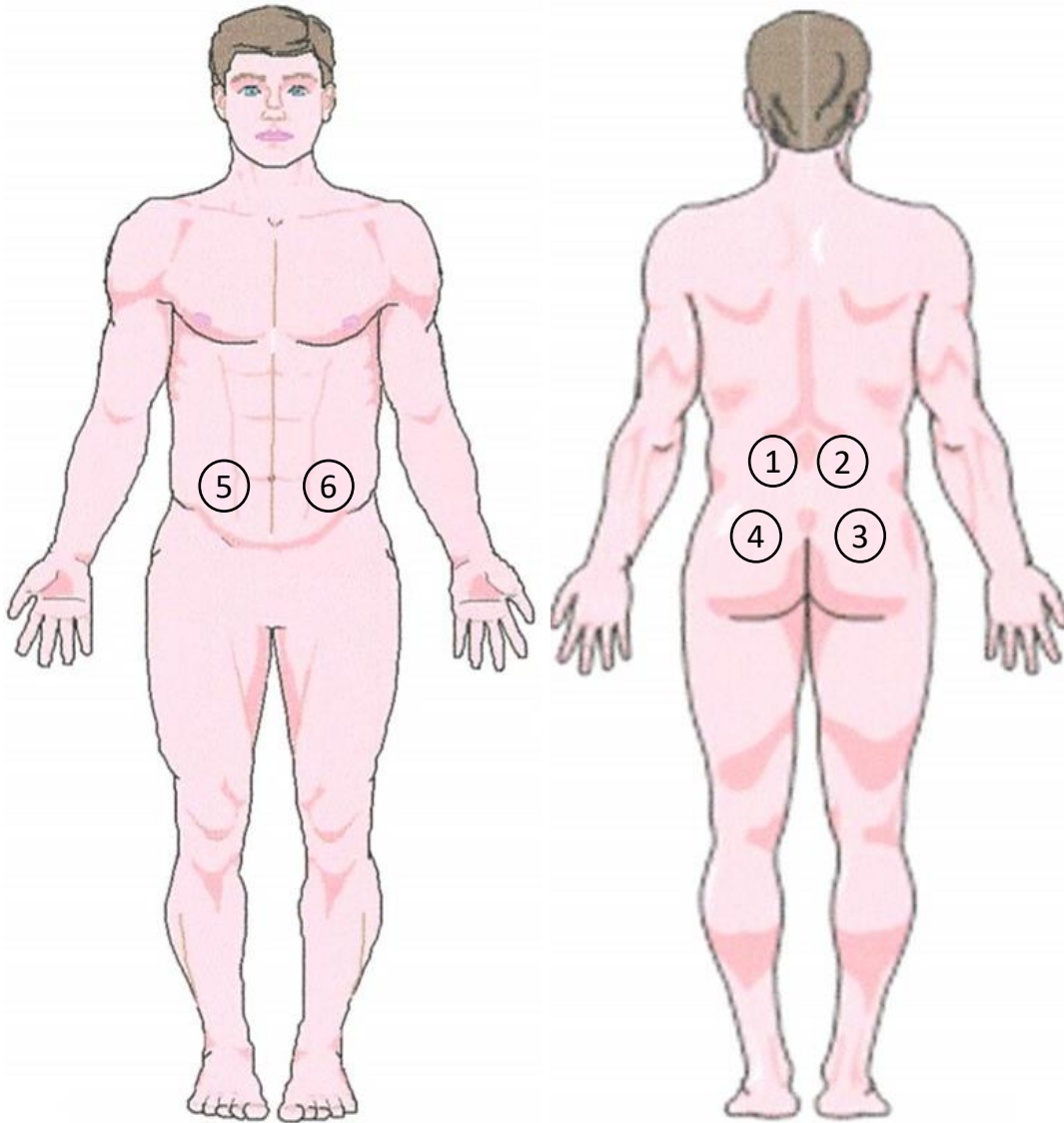
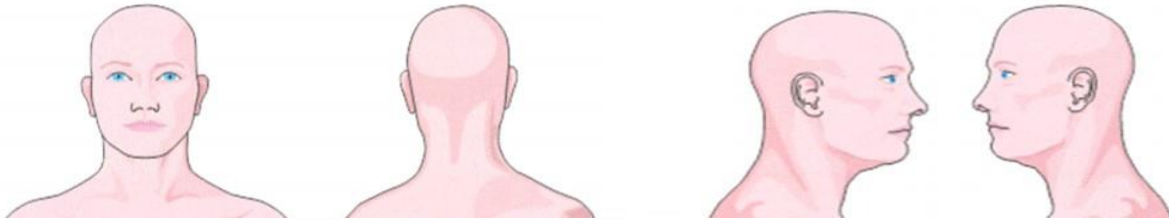
1. 1 minute- anterior neck
2. 1 minute- back neck/shoulder
3. 1 minute- shoulder
4. 2 minutes- shoulder
5. 3 minutes- elbow
6. 3 minutes- elbow

Wrist Pain



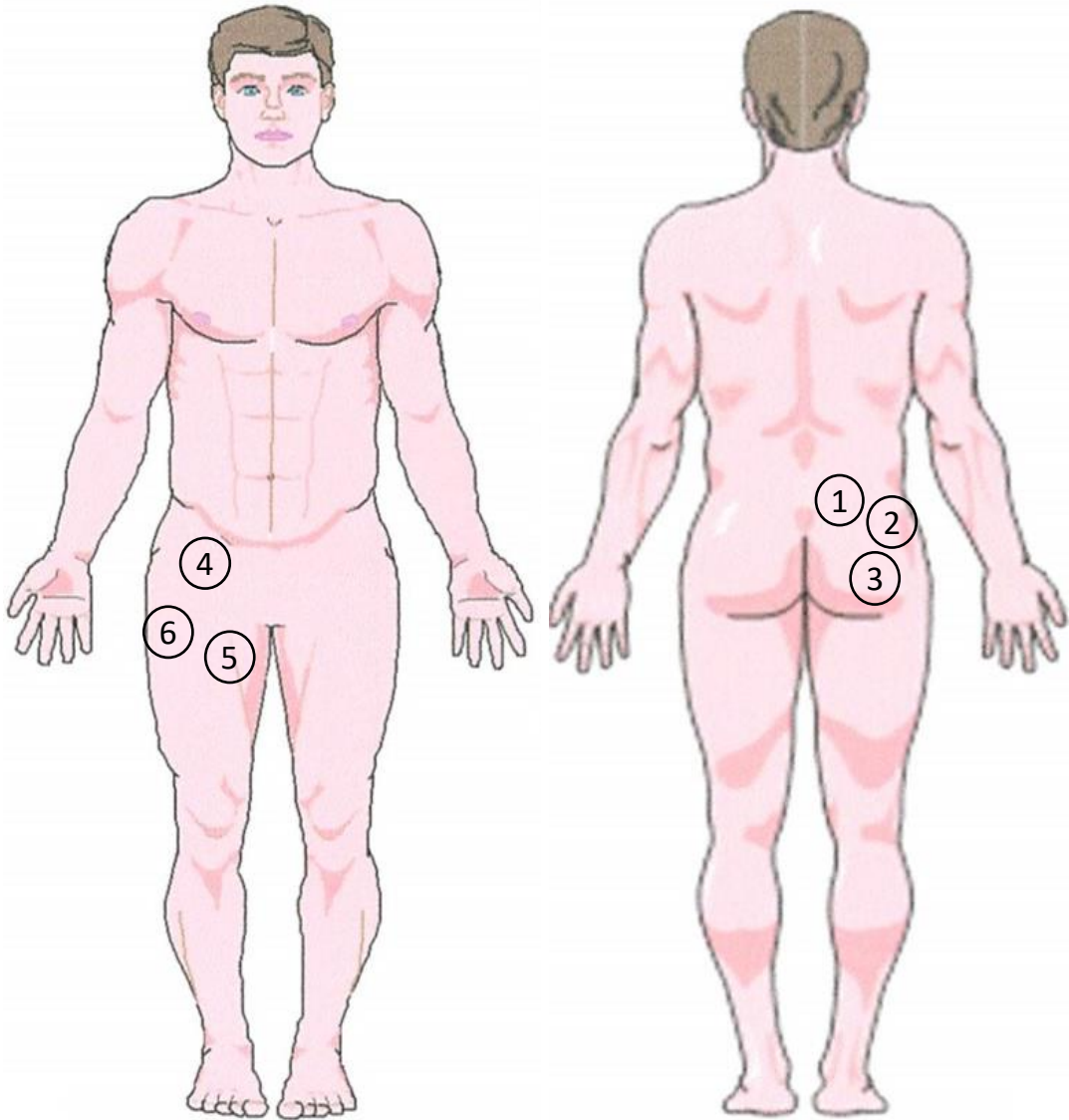
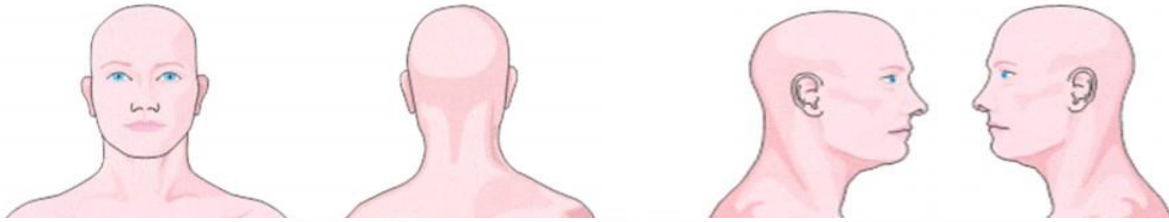
1. 1 minute- anterior
2. 1 minute- anterior shoulder
3. 2 minutes- posterior elbow
4. 2 minutes- upper forearm
5. 2 minutes- wrist
6. 2 minutes- wrist

Low Back Pain



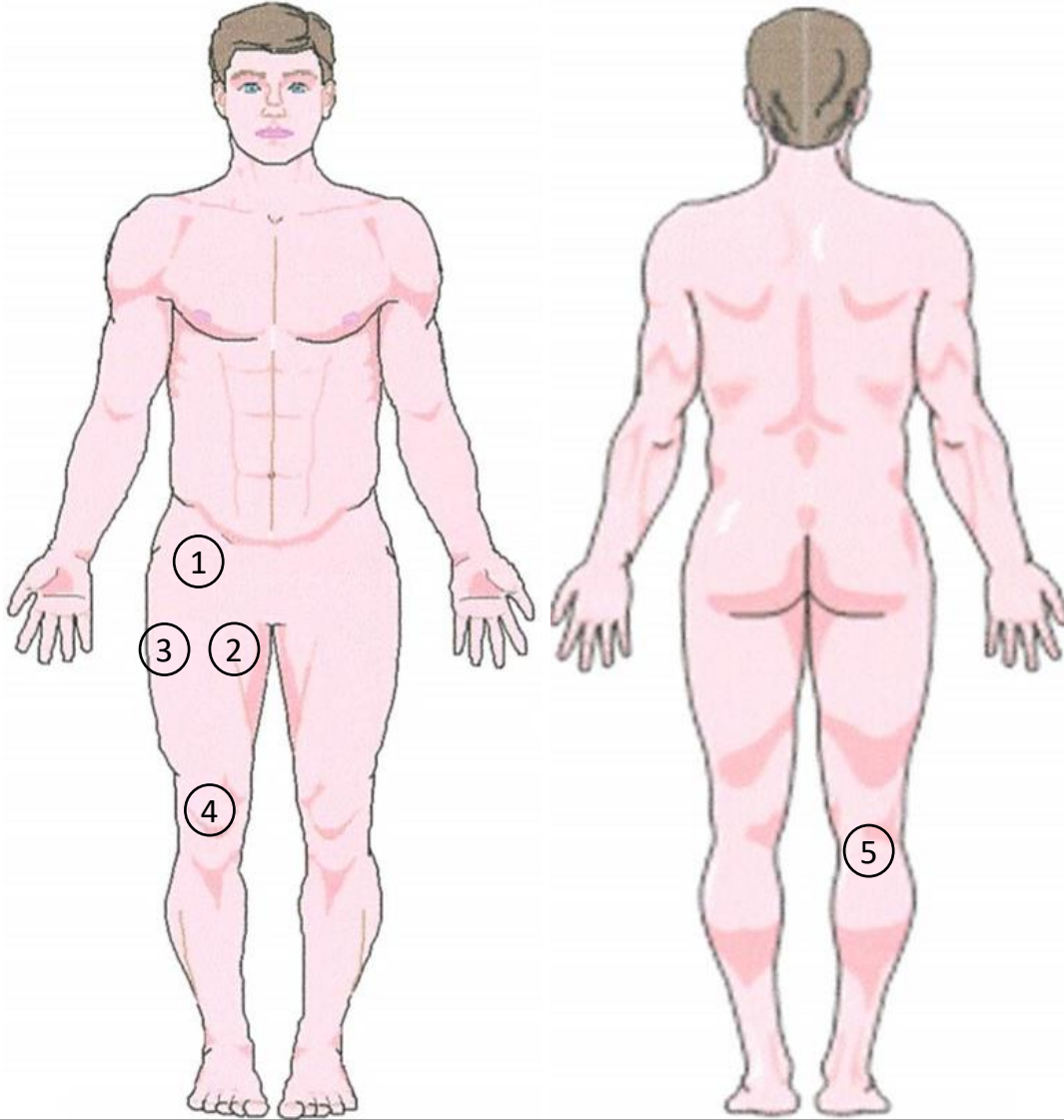
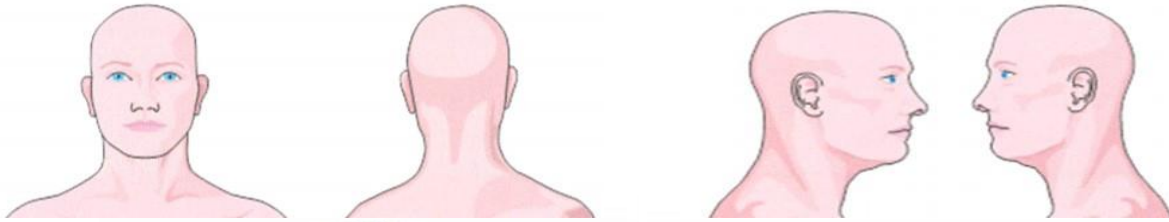
1. 1 minute- low back
2. 1 minute- low back
3. 3 minutes- low back
4. 3 minutes- low back
5. 1 minute- psoas muscle
6. 1 minute- psoas muscle
7. 5 minutes- additional on area of pain

Hip Pain



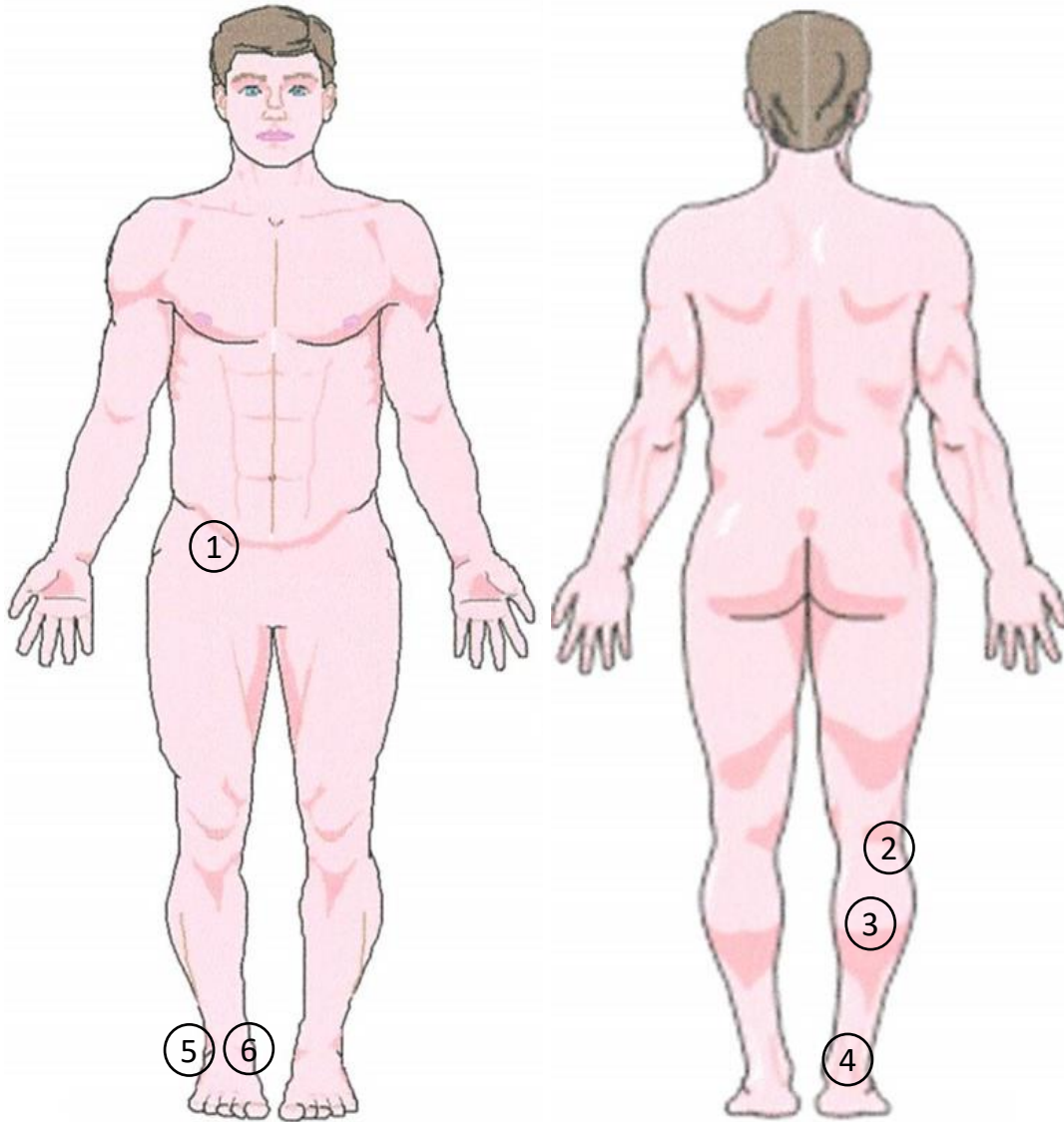
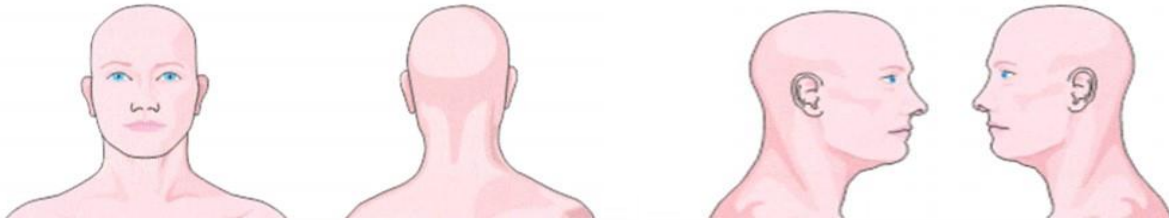
1. 1 minutes- low back
2. 3 minutes- hip
3. 1 minute- glut muscle (piriformis muscle)
4. 3 minutes- groin
5. 1 minute- inner thigh (adductor muscle)
6. 1 minute- upper thigh (abductor muscle)

Knee Pain



1. 1 minute- upper leg
2. 1 minute- upper thigh (adductor)
3. 1 minute- upper thigh (abductors)
4. 2 minutes- front knee
5. 3 minutes- back knee
6. 2 minutes- additional point of pain

Foot/Ankle Pain



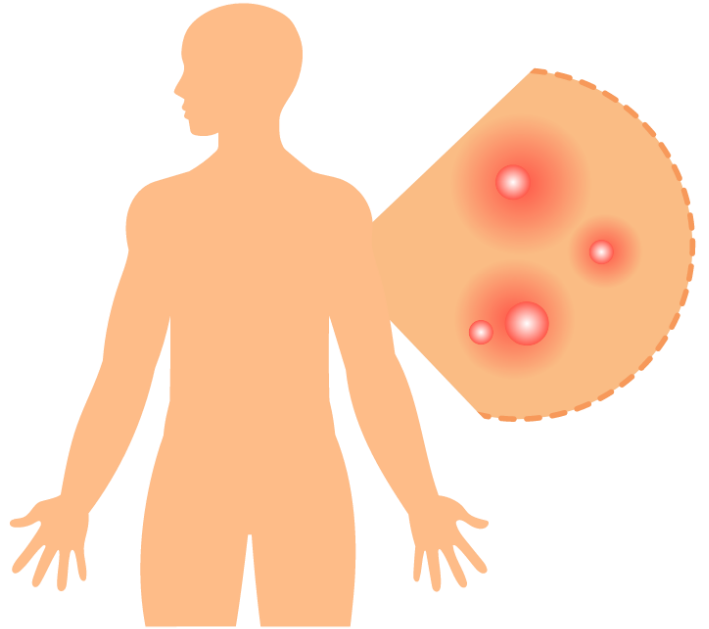
1. 1 minute- upper leg
2. 2 minutes- back of the knee
3. 1 minute- calf
4. 1 minute- lower Achilles
5. 2 minutes- side of foot
6. 2 minutes- side of foot
7. 5 minutes- area of pain

Skin Conditions

- Laser therapy works phenomenal for all skin conditions
- Old skin cells are replaced with new skin cells every 28-35 days
- Acute skin trauma heals 30-50% faster than normal with immediate laser treatment
- Chronic skin conditions take 3-12 weeks to see good changes as we create healthier skin cells with each new skin cell replication
- Remember to always protect your eyes, hold laser against skin before beginning or wear goggles provided before use.
- *The information provided is not intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your physician or other qualified healthcare provider*

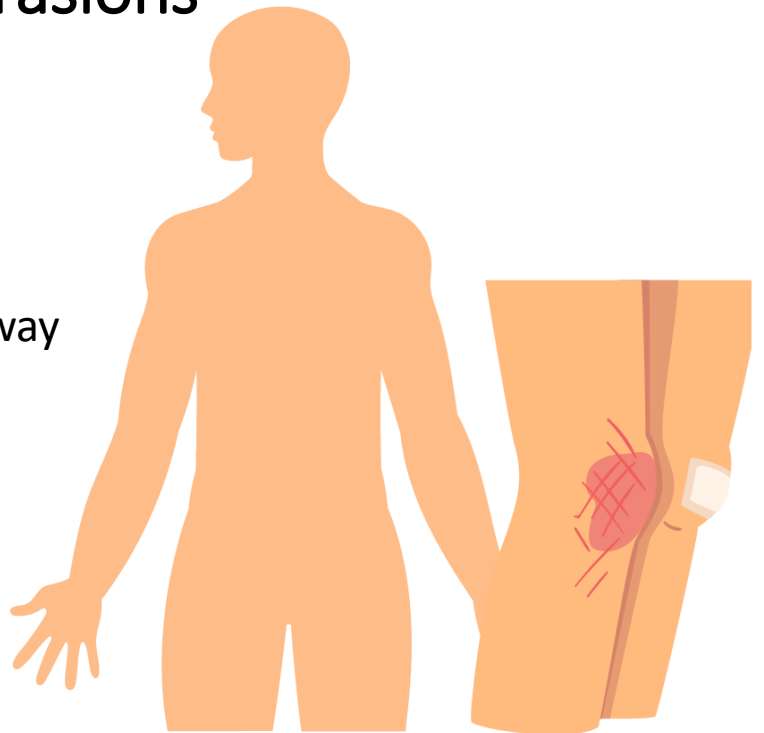
Abscess

- Place the Laser 2-4 inches away from the skin
- 4 minutes per abscess
- May laser 2-3 times per day
- *Abscesses require immediate medical attention and may be a sign of bacterial infection



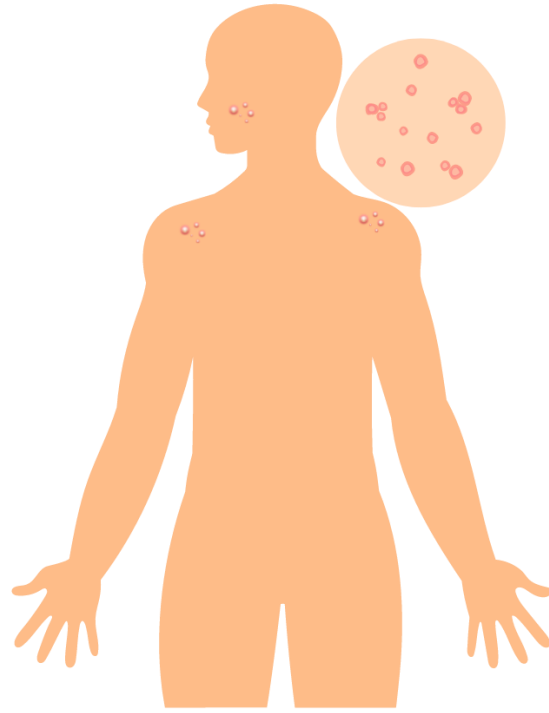
Abrasions

- Place the Laser 2-4 inches away from the skin
- 4 minutes per area
- May laser 2-3 times per day



Acne

- Place the Laser 2-4 inches away from the skin
 - 5 minutes per area
- Area:
- 1/2 face
 - Neck
 - 1-shoulder
 - upper back
- May laser 2-3 times per day



Bites

- Place the Laser 2-4 inches away from the skin
- 7 minutes per bite area
- May laser 2-3 times per day



Bruises

- Place the Laser 2-4 inches away from the skin
- 5 minutes per bruise
- May laser 2-3 times per day



Burns

- Place the Laser 2-4 inches away from the skin
- 6 minutes per area

Area:

-5"-10" in size

-Hand

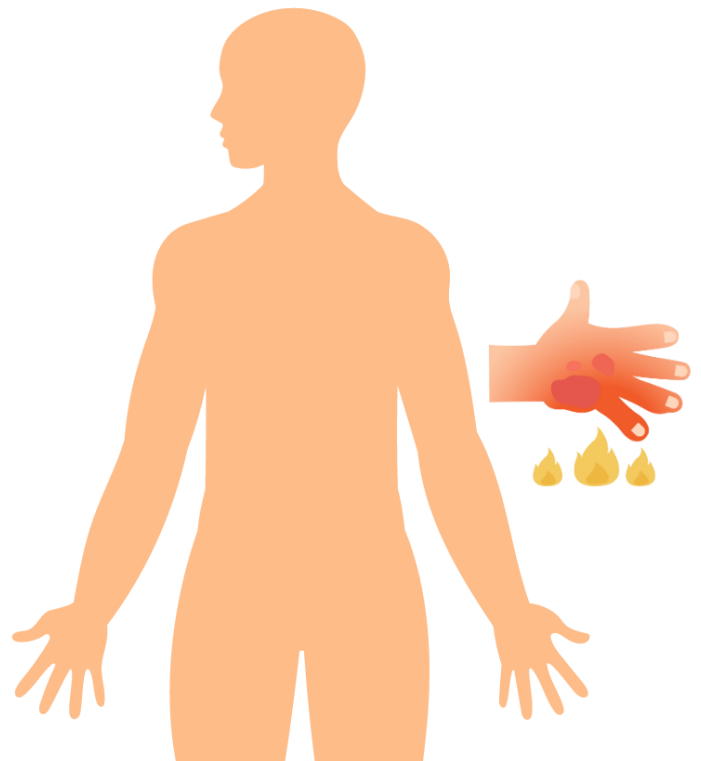
-1/2 Arm

-1/2 Leg

-Neck

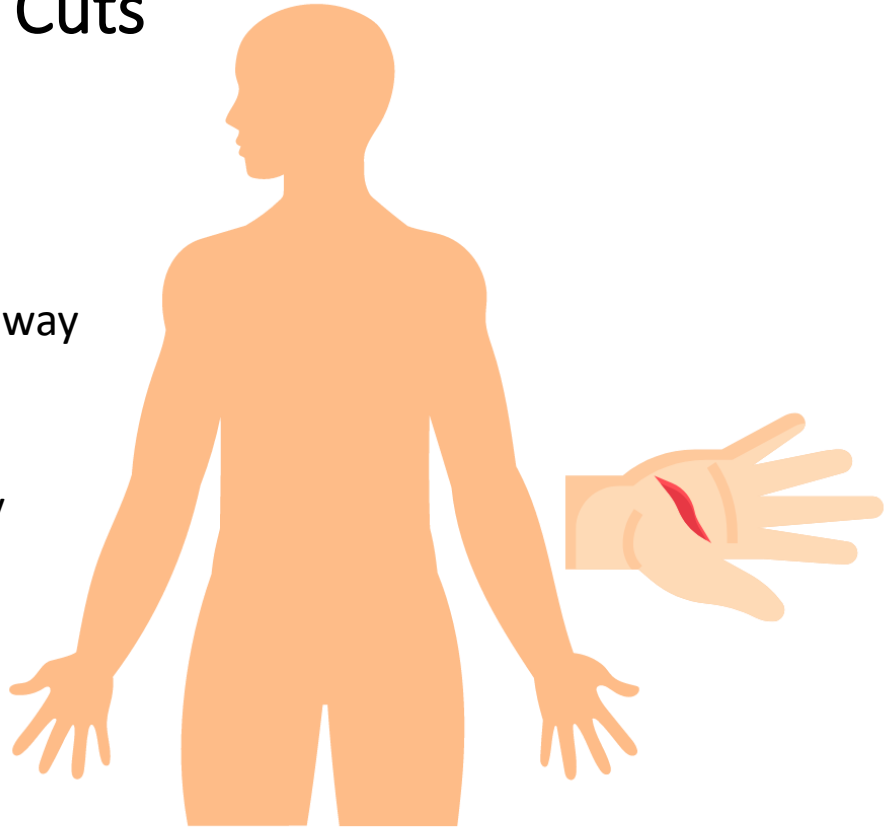
-Face

- May laser 2-3 times per day



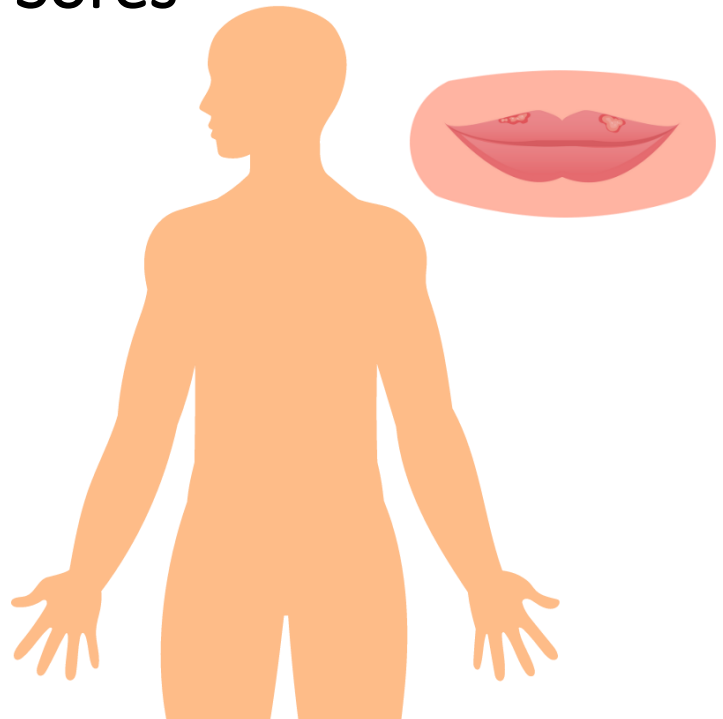
Cuts

- Place the Laser 2-4 inches away from the skin
- 6 minutes per area
- May laser 2-3 times per day



Cold Sores

- Place the Laser 2-4 inches away from the skin
- 5 minutes per cold sore
- May laser 2-3 times per day



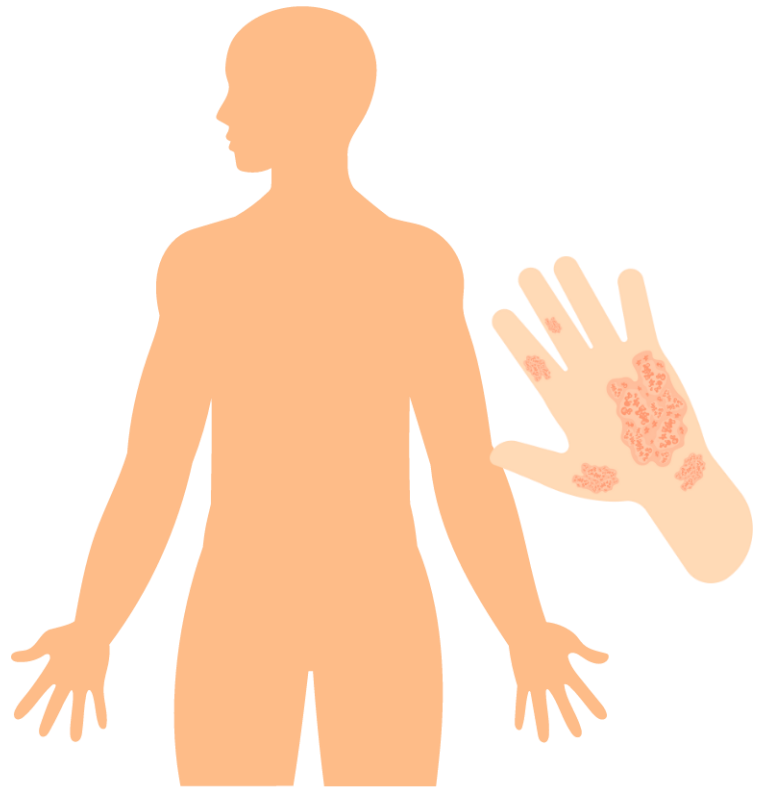
Dermatitis

- Place the Laser 2-4 inches away from the skin
- 4 minutes per area

Area:

- Hand
- Neck
- ½ Arm
- ½ Leg

- May laser 2-3 times per day



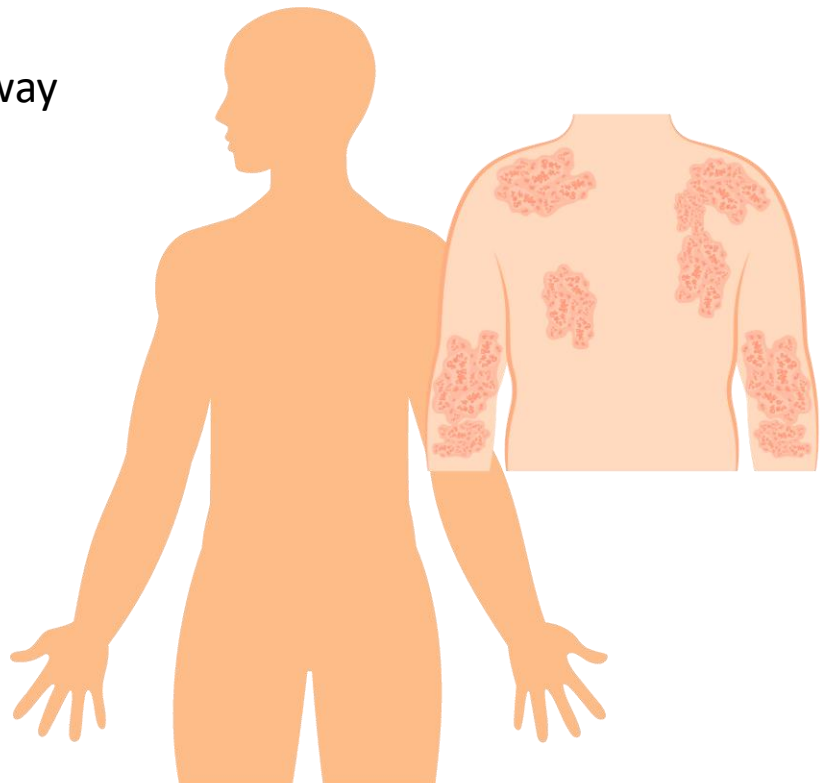
Eczema

- Place the Laser 2-4 inches away from the skin
- 4 minutes per area

Area:

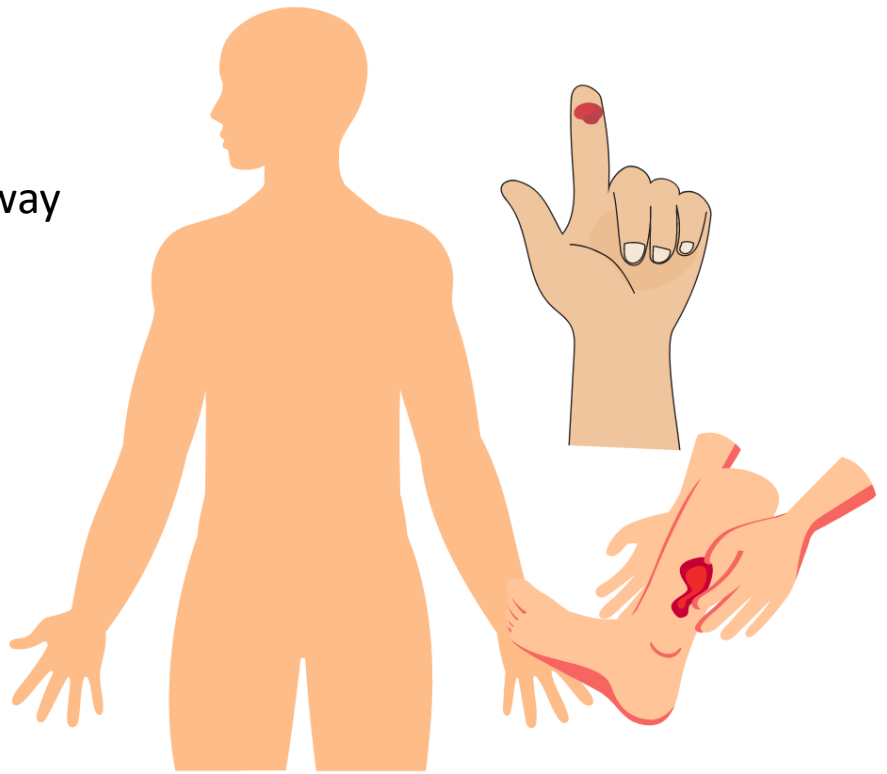
- 5"-10" in size
- Hand
- 1/2 Arm
- 1/2 Leg
- Neck
- Face

- May laser 2-3 times per day



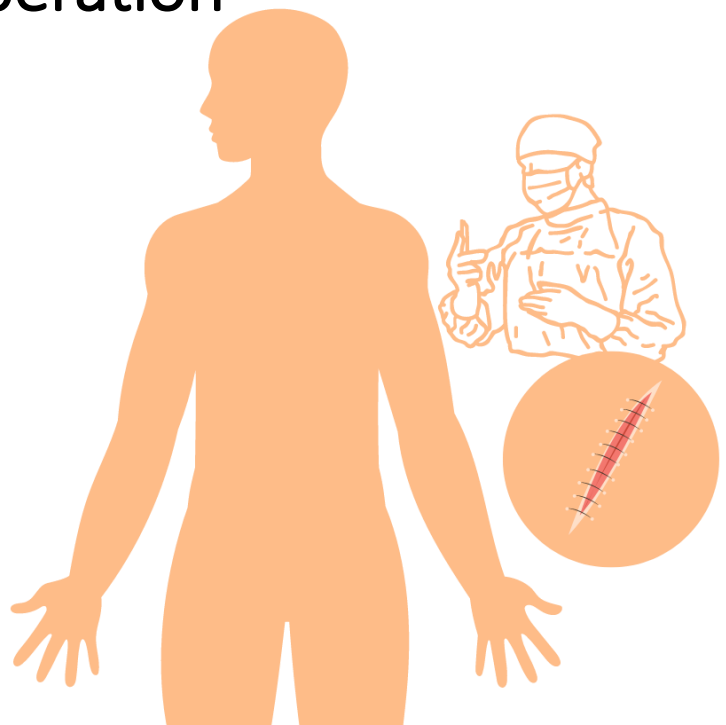
Open Wounds

- Place the Laser 2-4 inches away from the skin
- 6 minutes per wound
- May laser 2-3 times per day



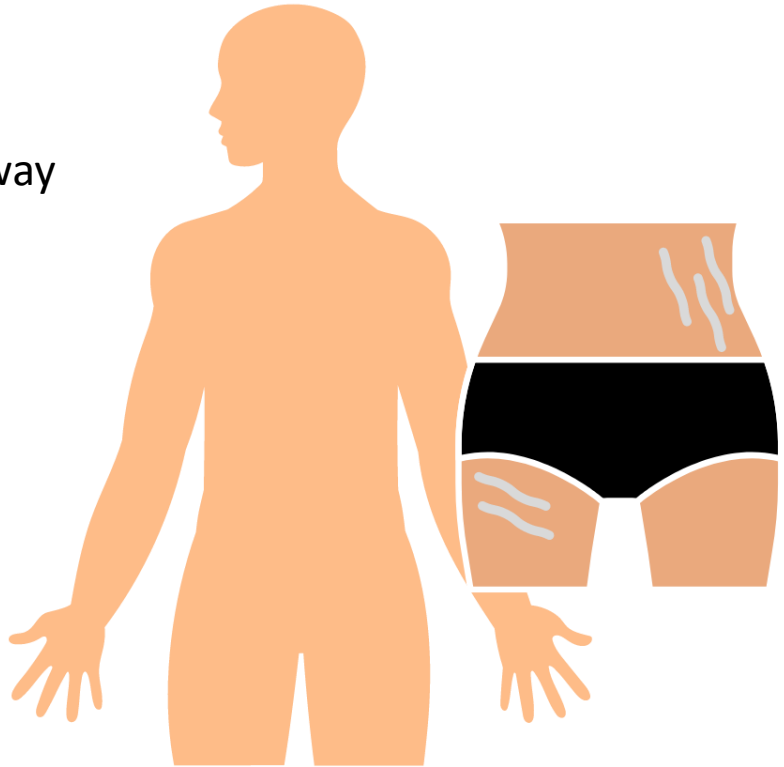
Post-operation

- Place the Laser 2-4 inches away from the skin
- 4 minutes per incision
- May laser 2-3 times per day



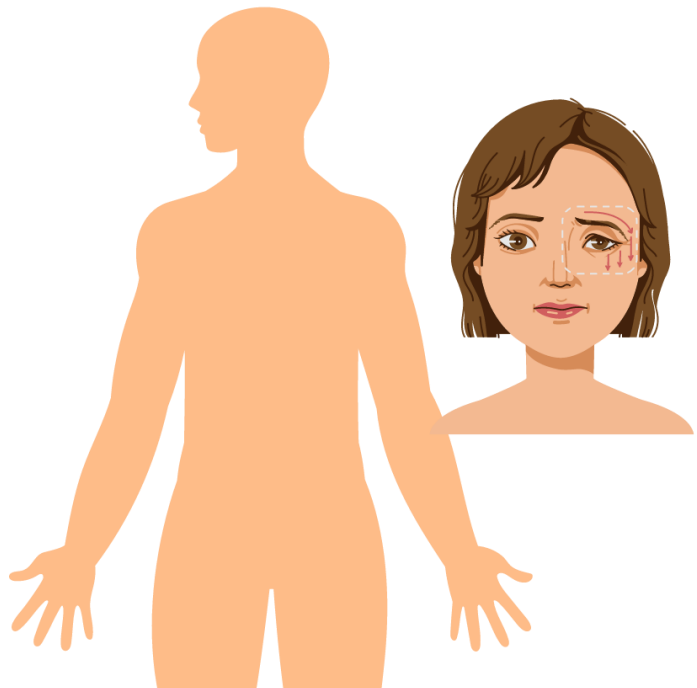
Stretch Marks

- Place the Laser 2-4 inches away from the skin
 - 8 minutes per area
- Area:
- 5"-10" area
 - ½ Abdomen
 - ½ Hip
- May laser 2 times per day



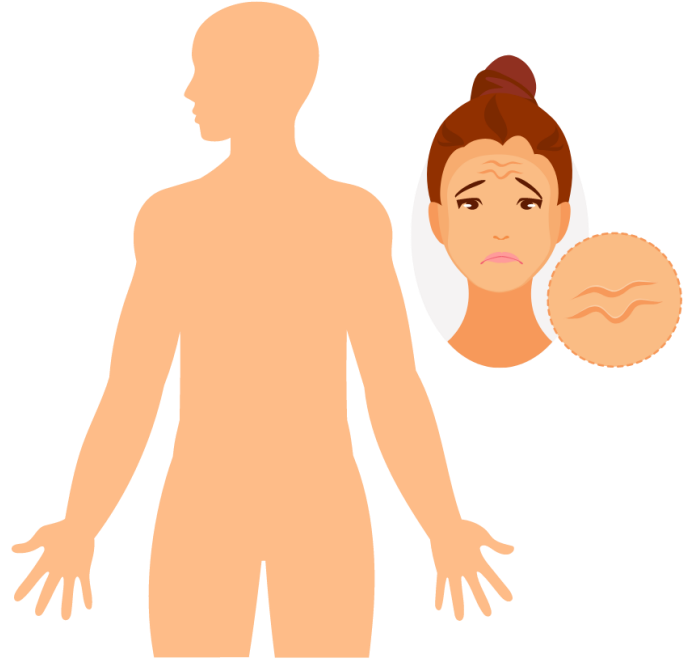
Wrinkles - Eyes

- Apply Topical (if applicable)
- Laser 2-3" away from the skin for 1 minute
- Laser directly on the skin 4-9 minutes per area (max 10m)
- Repeat opposite eye
- May laser 2 times per day



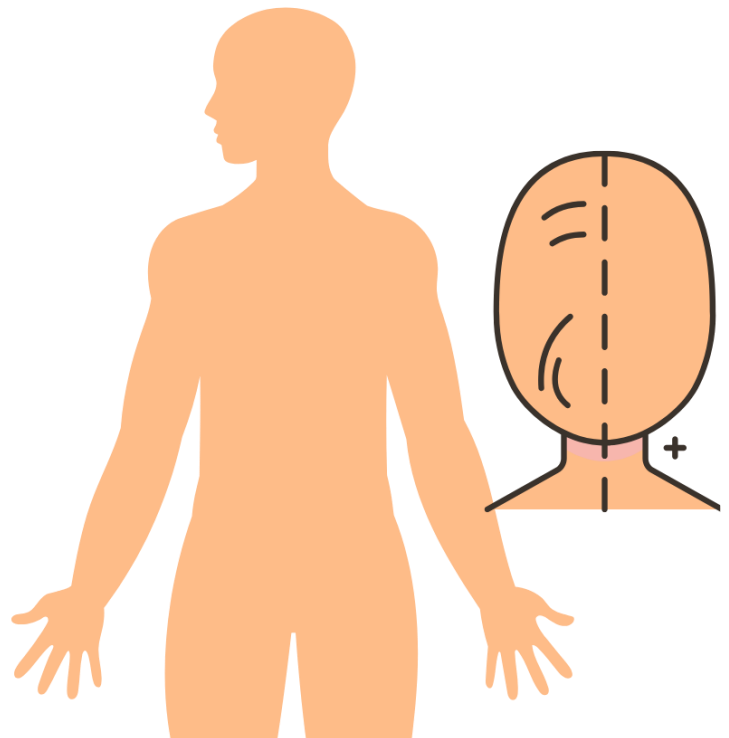
Wrinkles - Forehead

- Apply Topical (if applicable)
- Laser 2-3" away from the skin for 1 minute
- Laser directly on the skin 4-9 minutes per area (max 10m)
- May laser 2 times per day



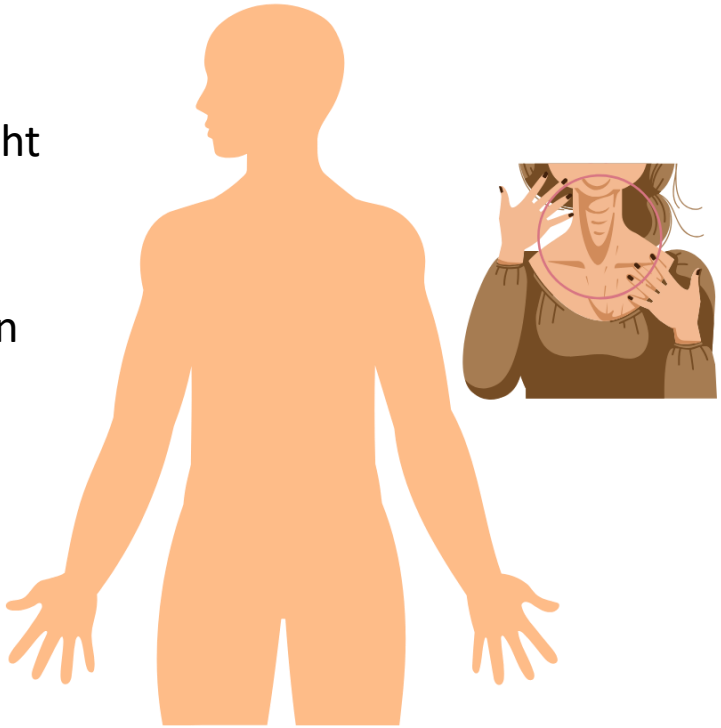
Wrinkles - Mouth

- The mouth is splint vertically into the right side and the left side
- Apply Topical (if applicable)
- Laser 2-3" away from the skin for 1 minute (right side)
- Laser directly on the skin 4-9 minutes per area (max 10m)
- Repeat (left side)
- May laser 2 times per day



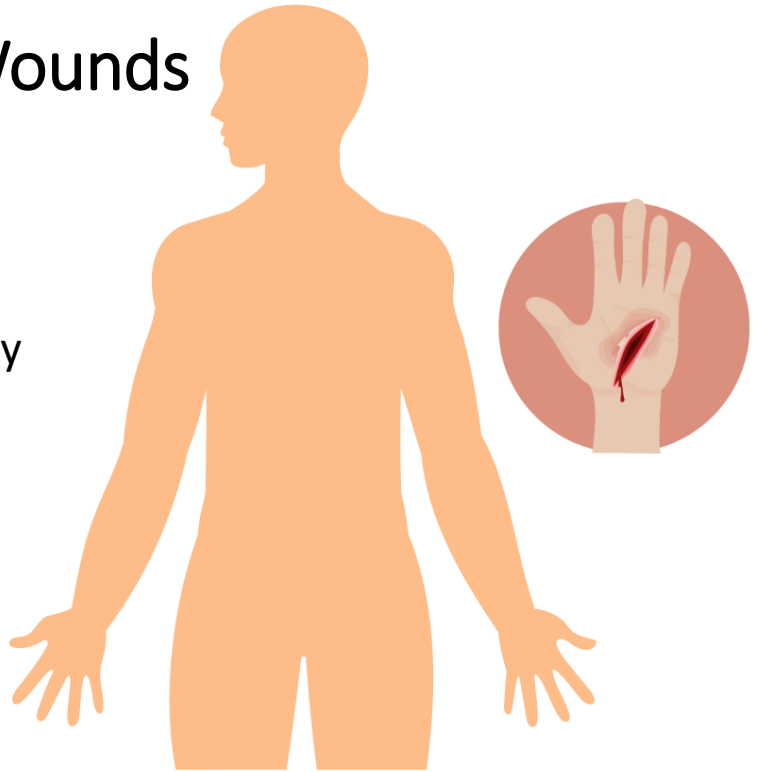
Wrinkles - Neck

- The neck is split into the right side and the left side
- Apply Topical (if applicable)
- Laser 2-3" away from the skin for 1 minute (right side)
- Laser directly on the skin 4-9 minutes per area (max 10m)
- Repeat (left side)
- May laser 2 times per day



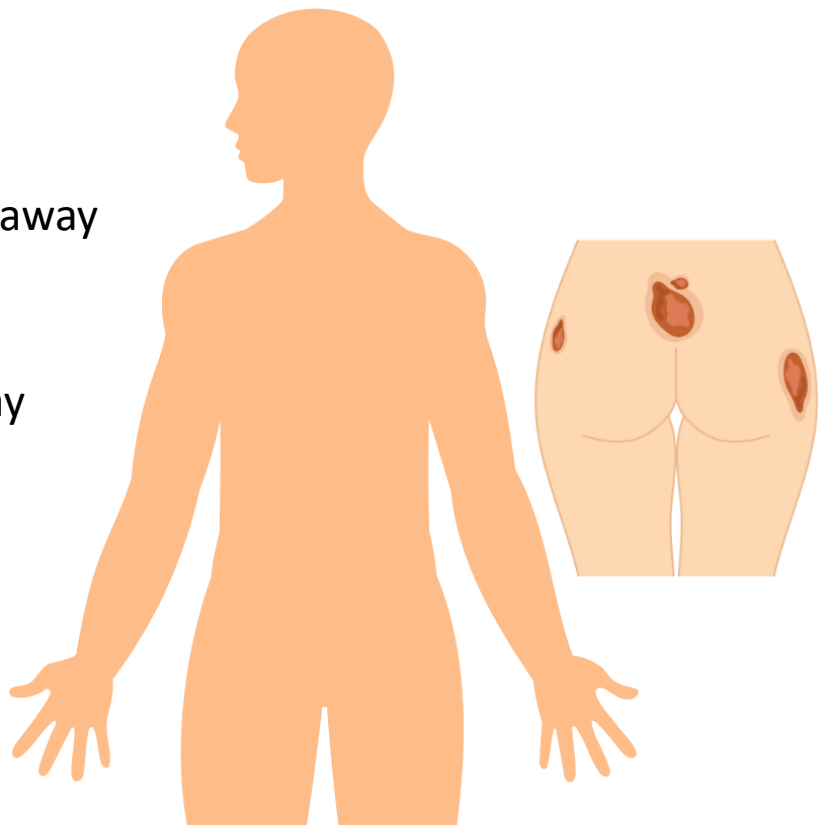
Wounds

- Place the Laser 2-4 inches away from the skin
- 7 minutes per wound
- May laser 2-3 times per day



Ulcers - Pressure

- Place the Laser 2-4 inches away from the skin
- 6-10 minutes per ulcer
- May laser 2-3 times per day



Ulcers - Diabetic

- Place the Laser 2-4 inches away from the skin
- 6-10 minutes per ulcer
- May laser 2-3 times per day

